

Ballet Summer Camp: \$200
 Monday, July 13th-Friday, July 17th

East Coast Performing Arts
 386-774-0555

Performances Friday Evening from 6 to 7pm
 Sign Up NOW to reserve your spot!!

	Classical Studio		Unique Studio	
Monday				
	4:00-4:30	<i>Stretch/Strength/Stamina</i>	4:00-4:30	<i>Ballet History</i>
	4:30-6:15	<i>Ballet Technique</i>	4:30-5:00	<i>Stretch/Strength/Stamina</i>
	6:15-6:30	<i>Snack Break</i>	5:00-5:15	<i>Snack Break</i>
	6:30-7:00	<i>Ballet History</i>	5:15-7:00	<i>Ballet Technique</i>
	7:00-8:00	<i>Pointe/Pre-Pointe</i>	7:00-7:15	<i>Snack Break</i>
			7:15-8:00	<i>Pre-Pointe</i>
Tuesday				
	4:00-4:30	<i>Stretch/Strength/Stamina</i>	4:00-6:00	<i>Ballet Technique</i>
	4:30-6:00	<i>Ballet Technique</i>	6:00-6:15	<i>Snack Break</i>
	6:00-6:15	<i>Snack Break</i>	6:15-6:45	<i>Pre-Pointe/Pointe</i>
	6:15-7:15	<i>Pre-Pointe/Variations</i>	6:45-7:30	<i>Variations</i>
	7:15-7:50	<i>Music Theory/History</i>	7:30-8:50	<i>Music Theory/History</i>
	Both Levels:	7:50-8:00	<i>Sleeping Beauty Viewing</i>	
Wednesday				
	4:00-4:30	<i>History & Term. Test</i>	4:00-6:00	<i>Ballet Technique</i>
	4:30-5:00	<i>Stretch/Strength/Stamina</i>	6:00-6:15	<i>Snack Break</i>
	5:00-6:45	<i>Ballet Technique</i>	6:15-7:00	<i>Pre-Pointe/Variation</i>
	6:45-7:00	<i>Snack Break</i>	7:00-7:30	<i>History & Term. Test</i>
	7:00-8:00	<i>Variations</i>	7:30-8:00	<i>Stretch/Strength/Stamina</i>
Thursday				
	4:00-4:15	<i>Anatomy & Terminology</i>	4:00-6:00	<i>Ballet Technique</i>
	4:15-4:45	<i>Stretch/Strength/Stamina</i>	6:00-6:30	<i>Pre-Pointe/Pointe</i>
	4:45-6:00	<i>Ballet Technique</i>	6:30-6:45	<i>Snack Break</i>
	6:00-6:15	<i>Snack Break</i>	6:45-7:15	<i>Anatorty & Terminology</i>
	6:15-7:00	<i>Technique/Pre-Pointe</i>	7:15-8:00	<i>Variations/Review</i>
	7:00-7:15	<i>Snack Break</i>		
	7:15-8:00	<i>Variations</i>		

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Friday		Optional Class Demonstration & Experts from Sleeping Beauty	
	6:00-7:00	<i>Ballet Class Demo</i>	6:00-7:00 <i>Ballet Class Demo</i>
<i>Both Levels Perform: Exerpts from The Sleeping Beauty</i>			
Followed By:			
<i>An Ice Cream Party at Hannah Bananas!</i>			

Dress Code			
Monday	<i>Black leotard, pink tights, ballet slippers w/ribbons, pointe shoes (if directed), black wrap skirt (not mandatory)</i>		
	<i>Black leotard, pink tights, ballet slippers</i>		
Tuesday	<i>Black leotard, pink tights, ballet slippers w/ribbons, pointe shoes (if directed), black wrap skirt (not mandatory)</i>		
	<i>Black leotard, pink tights, ballet slippers</i>		
Wednesday	<i>Black leotard, pink tights, ballet slippers w/ribbons, pointe shoes (if directed), black wrap skirt (not mandatory)</i>		
	<i>Black leotard, pink tights, ballet slippers</i>		
Thursday	<i>Black leotard, pink tights, ballet slippers w/ribbons, pointe shoes (if directed), black wrap skirt (not mandatory)</i>		
	<i>Colored leotard, pink tights, ballet slippers</i>		
Friday	<i>Black leotard, pink tights, ballet slippers w/ribbons, pointe shoes (if directed), black wrap skirt (not mandatory)</i>		
	<i>Black leotard, pink tights, ballet slippers</i>		

Information		
Level 1 Ages 10-18	Int/Adv Skill Level	Students are required to bring:
Level 2 Ages 7-10	Beg/Int Skill Level	- Notebook & Pencil
Students will be placed with the level that		- Water Bottle
corresponds to their age. However, after the first		- Snacks/Dinner
day of classes the teachers are able to move a student		- Warm-Up Attire
to a more appropriate level based on merrit shown.		GREAT ATTITUDES