

Ballet Summer Camp: \$250  
 Monday, July 17th-Thursday 20th

East Coast Performing Arts  
 386-774-0555

Space is Limited!  
 Sign Up NOW to reserve your spot!!

	<b>Classical Studio</b>		<b>Rising Star Studio</b>		
<b>Monday</b>					
Ms. Kelsie	4:00-4:45	Ballet History & Terminology	4:00-4:30	Stretch/Strength/Stamina	Mr. Sebastian
	4:45-6:15	Ballet Technique	4:30-6:00	Ballet Technique	
	6:15-6:45	Dinner Break	6:00-6:30	Dinner Break	
	6:45-7:15	Center Pirouettes & Turns across floor	6:30-7:30	Partnering	
	7:30-8:00	Sewing Ribbons & Elastic on Shoes	7:30-8:00	Allegro	
<b>Tuesday</b>					
Mr. Sebastian	4:00-5:30	Ballet Technique	4:00-4:30	Ballet History & Terminology	Ms. Kelsie
	5:30-6:15	Partnering	4:30-6:00	Ballet Technique	
	6:15-6:45	Dinner Break	6:00-6:30	Dinner Break	
	6:45-8:00	Variations & Pointe	6:30-7:30	Pre-Pointe Class	
			7:30-8:00	Writing Quiz on Terminology & Notebook Checks	
<b>Wednesday</b>					
Mr. Sebastian	4:00-5:30	Ballet Technique	4:00-4:45	Ballet History & Terminology	Ms. Kelsie
	5:30-6:00	Partnering	4:45-6:15	Ballet Technique	
	6:00-6:30	Dinner Break	6:15-6:45	Dinner Break	
Ms. Kelsie	6:30-7:15	Pre-Pointe	6:45-8:00	Pointe Variations with Partnering	Mr. Sebastian
	7:15-8:00	Variations			
<b>Thursday</b>					
Ms. Kelsie	4:00-4:30	Ballet Terminology & Notebook Check	4:00-5:30	Ballet Technique	Mr. Sebastian
	4:30-6:00	Ballet Technique	5:30-6:00	Partnering	
	6:00-6:15	Ballet Quiz	6:00-6:30	Dinner Break	
	6:15-6:45	Dinner Break	6:30-7:45	Pre-Pointe & Variations	
Mr. Sebastian	6:45-7:45	Pointe Variations & Partnering	7:45-8:15	Performance for Parents	
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<b>Information</b>	
Level 1 Ages 12-18	Int/Adv Skill Level
Level 2 Ages 7-11	Beg/Int Skill Level
Students are required to bring:	
- Notebook & Pencil	
- Water Bottle	
- Snacks/Dinner	
- Warm-Up Attire	
GREAT ATTITUDES !!	
<b>Dress Code</b>	
Girls:	Solid Black Leotards, No additional sports bras, pink tights, pink ballet shoes, hair pulled back in a neat and tighty mid-bun. Please use bobby-pins, hair nets and hair spray to keep hair out of face and neat.
Boys:	Solid Black Leggings(fitted all the way to ankle or over foot), Solid white T-shirt (Tucked in), Black ballet shoes, and hair pulled out of face, clean, neaty and tighty.